

(This form is to be used **WHEN STUDENTS BRING THEIR OWN FOOD** into the classroom)

**REMOVE THIS LINE AND ABOVE INSTRUCTIONS. PRINT ON SCHOOL LETTERHEAD**

## **LIFE-THREATENING ALLERGIES**

(date)

Dear Families,

Food allergies affect 1 in every 13 children, and nearly 40 percent of children with food allergies have a history of a severe reaction \*. At (**school name**) we have many students with various allergies. For some, *a life-threatening anaphylactic reaction* could potentially occur if there is skin contact with, or ingestion of, just a trace amount of an offending allergen. We are very concerned about the possibility of exposure, which could potentially be fatal, yet want the least amount of imposition on classmates and school personnel. Since snacks brought from home may be a regular part of each day, we are requesting that you follow the guidelines below in order to minimize the possibility of an anaphylactic reaction occurring at school:

- Please speak to your child about the importance of **never** sharing any food or snack with another student.
- Please avoid sending any snacks with obvious (**list the allergens here [i.e. peanuts, tree nuts, dairy or other]**) to school with your child.

We are *not* asking you to avoid these foods in your child's lunch; only during snack time.

The school nurse is available to answer any questions about this matter. The students, their parents, and I all appreciate your cooperation in helping to provide a safe classroom environment.

Sincerely,

Teacher

\* [www.foodallergy.org](http://www.foodallergy.org).